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| 現職 | 專任副教授 | |
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| 學歷 | 高雄醫學大學藥學研究所藥學博士(1995) 高學醫學大學藥學系藥學士(1982) 國立臺灣師範大學附屬中學(1977) | |
| 經歷 | <ol style="list-style-type: none"> 1. 現任：輔英科技大學保健營養系副教授 2. 輔英科技大學副教授/學務處課外活動組組長、學務長 3. 樹人醫護管理專科學校 副教授/訓導主任 4. 輔英技術學院護理系副教授 5. 輔英科技大學附設醫院管理室專員 6. 屏東人愛綜合醫院藥劑科主任 7. 屏東人愛綜合醫院藥學教育研究室主任 | |
| 學術專長 | <ol style="list-style-type: none"> 1. 臨床藥學與治療學 2. 基礎醫學 3. 天然物化學 4. 中草藥藥效評估 | |
| 開設課程 | <ol style="list-style-type: none"> 1. 人體生理學 2. 營養生理學 3. 生物統計學 4. 靜脈營養特論 5. 藥膳學與實作 | |
| 專題/論文指導 | <p>碩士論文指導</p> <ol style="list-style-type: none"> 1. 104 學年度 陳玉真碩士論文:思覺失調症病人便秘盛行率及相關因子之探討。 2. 104 學年度 林藍毓碩士論文:以強化自我效能之健康信念模式探討國民小學實施營養教育成效之研究：改變學童米食攝取行為。 3. 102 學年度 殷雅婷碩士論文:靜脈營養補充 Glutamine 對重症病患的影響：一個統合分析。 <p>大學部專題(獨立)研究</p> <ol style="list-style-type: none"> 4. 104 學年度 保健營養系 陳奕慈 偏鄉小學學童全穀飲食行為之質性研究 5. 104 學年度保健營養系 丁偃苓 國小學童五穀類食物使用之營養調查 6. 103 學年度專題: 護理系 毛欣迎 A Description of Motivation and Medication-Taking Behaviors toward Sheng-Hwa-Tang。 7. 103 學年度 助產系 陳孟妤 Exploration of The Effects of Se-Wu-Tang in Various TCM Constitutions---A Pilot Study 8. 102 學年度 護理系 張倍綺 Complementary and Alternative Medicine for | |



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| | <p>Chemotherapy Induced Nausea And Vomiting</p> <p>9. 102 學年度 保健營養系 黃曉堤 Correlation of Food Preference and Chinese Medical Constitution in The Trimester of Pregnant Women</p> |
| <p>證照</p> | <ol style="list-style-type: none"> 1. 藥師證書(藥字 12438 號) 2. 藥師及格證書(台檢藥字 13528 號) 3. 中華民國技術士證 中餐烹調-葷食(076540740 號) 4. 專案管理師 (TPMA-2011-D00817) 5. 調查與研究方法分析師 (SRM20131685) 6. 市場行銷策略管理師(TDTCDA-MSM-10100753) 7. 簡報管理策略管理師(TDTCDA-PMSM-10100750) 8. 商業經營策略管理師(DTCDA-BMSM-10100753) 9. 數位企業策略管理師(TDTCDA-DBSM-10100753) 10. 溝通談判策略管理師(TDTCDA-CMSM-10100750) 11. 會議管理策略管理師(TDTCDA-CMSM-10100750) 12. 人體試驗研究倫理認證考試及格證書(基 000707) 13. 人體試驗研究倫理進階認證考試及格證書(進 000649) 14. 食品安全管制系統基礎訓練合格證書(食安訓字第 A101082825 號) 15. 食品安全管制系統進階訓練合格證書(食安訓字第 B101091117 號) |
| <p>期刊論文</p> | <ol style="list-style-type: none"> 1. Ying-Hua Tseng, Chia-Sui Weng, Shih-Hsien Kuo, Fan-Hao Kuo, Fan-Hao Chou, Yi-Hsin Yang, Li-Chi Chiang (2015, Jun). Gender Differences? Internet Use and Parent-Child Communication About Sex Toward Sexual Attitudes Among Early Adolescents in Taiwan. <i>The Journal of Nursing Research</i>, 23(2), 125-134. 2. Shih-Hsien Kuo, Hsiao-Ling Wang, Tzu-Chi Lee, Te-Fu Chan, Fan-Hao Chou, Lih-Mih Chen, Wei-Ting Lin (2015). Traditional Chinese medicine perspective on constitution transformations in perinatal women: Aprospective longitudinal study. <i>Women and Birth</i>, 28(2015): 106-111. 本人為第一作者. 3. Mei-Chun Liu, Shih-Hsien Kuo, Chao-Po Lin, Yung-Mei Yang, Fan-Hao Chou, and Yi-Hsin Yang (2014, Sep). Effects of Professional Support on Nausea, Vomiting, and Quality of Life During Early Pregnancy. <i>Biological Research for Nursing</i>, 16(4), 378-386. 4. Hsiao-Ling Wang, Tzu-Chi Lee, Shih-Hsien Kuo, Fan-Hao Chou, Li-Li Chen, Yi-Hsin Yang, Lih-Mih Chen (2012). Relationships among Constitution, Stress, and Discomfort in the First Trimester. <i>Evidence-Based Complementary and Alternative Medicine</i>, 2012, 1-8. 本人為通訊作者. 5. Fan-Hao Chou, Te-Fu Chan, Chi-Chun Chin, Yi-Ling Chen, Ching Ju Shen, and Shih-Hsien Kuo* (2010, --). Biomarkers and Perceived Emotional Stress in |



- Early-Stage Pregnant Taiwanese Women With Nausea and Vomiting. *Biological Research for Nursing*. (SCI).
6. **Shih-Hsien Kuo**, Yi-Hsin Yang, Ruey-Hsia Wang, Te-Fu Chan, and Fan-Hao Chou* (2010, --). Relationships Between Leptin, hCG, Cortisol, and Psychosocial Stress and Nausea Cortisol, and Psychosocial Stress and Nausea. *Biological Research For Nursing*, 12(1): 20-7. (SCI).
 7. Chou FH, Yang YH, **Kuo SH**, Chan TF, Yang MS* (2009, --). Relationships among smoking, drinking, betel quid chewing and pregnancy-related nausea and vomiting in Taiwanese aboriginal women.. *The Kaohsiung Journal Of Medical Sciences*, 25(2): 62-9. (SCI).
 8. Chou FH*. Avant KC. **Kuo SH**. Fetzer SJ. (2008, Aug). Relationships between nausea and vomiting, perceived stress, social support, pregnancy planning, and psychosocial adaptation in a sample of mothers: a questionnaire survey.. *International Journal of Nursing Studies*., 45(8):1185-91.. (SCI).
 9. 9. Chou FH*., **Kuo SH.**, Wang RH. (2008, Jun). A Longitudinal Study of Nausea and Vomiting, Fatigue and Perceived Stress in, and Social Support for, Pregnant Women Through the Three Trimesters. *Kaohsiung Journal of Medical Sciences*., 24(6):306-14. (SCI).
 10. 7. Chen CY. Liu TZ. Liu YW. Tseng WC. Liu RH. Lu FJ. Lin YS. **Kuo SH.*** Chen CH. (2007, Feb). 6-shogaol (alkanone from ginger) induces apoptotic cell death of human hepatoma p53 mutant Mahlavu subline via an oxidative stress-mediated caspase-dependent mechanism.. *Journal of Agricultural & Food Chemistry*., 55(3):948-54. (SCI).
 11. **Kuo SH.** Wang RH. Tseng HC. Jian SY. Chou FH.* (2007, Jan). A comparison of different severities of nausea and vomiting during pregnancy relative to stress, social support, and maternal adaptation.. *Journal of Midwifery & Women's Health*., 52(1):e1-7. (SCI).
 12. Fan-Hao Chou, Chung-Hey Chen, **Shih-Hsien Kuo**, and Ya-Ling Tzeng (2006, Sep). Experience of Taiwanese Women Living with Nausea and Vomiting During Pregnancy.. *Journal of Midwifery and Women Health*, 51(5): 370-375. (SCI).
 13. 邱宜令，周汎濤，**郭詩憲**，林惠賢* (2006, Jan). Instrument development and testing: Scale for perceptions of professional midwifery.. *醫護科技學刊*, 8(1) : 65-77.
 14. Fan-Hao Chou*, Kay Avent, **Shih-Hsien Kuo**, and Han-Fu Cheng (2005, Jul). Assessing The Psychometric and Language Equivalence For Chinese Version of INVR And TSEQ.. *Kaohsiung Journal of Medical Science*, 21: 314-21.
 15. Wen-Li Lo, Yang-Chang Wu, Tian-Jye Hsieh, **Shih-Hsien Kuo**, Hong-Chung



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| | <p>Lin and Chung-Yi Chen* (2004, Oct). Chemical Constituents from the Stem of <i>Michelia compressa</i>. <i>Chin. Pharm. J.</i>, 56, 69-75. NSC 93-2320-B-242-008.</p> <p>16. Tian-Jye Hsieh, Yang-Chang Wu, Wen-Li Lo, Su-Ching Chen, Shih-Hsien Kuo and Chung-Yi Chen* (2004, May). Chemical Constituents from The Leaves of <i>Mahonia japonica</i>. <i>Chin. Pharm. J.</i>, 56, 17-23. NSC 92-2320-B-242-010.</p> <p>17. 王曉鈴, 郭詩憲, 周汎濤, 陳麗糸, 陳麗麗, 林韋廷 (2013 年 03 月)。中醫陽氣虛體質量表信度與效度之檢測。《護理暨健康照護研究》, 9(1), 3-12。</p> <p>18. 劉淑薰, 王曉鈴, 郭詩憲, 周汎濤 (2013 年 02 月)。產婦之生化湯知識、預期效益及使用行為的相關性研究。《護理雜誌》, 60(1): 29-37。</p> <p>19. 鄭慧雯, 林軍廷, 郭詩憲, 劉美君, 周汎濤 (2012 年 04 月)。台灣孕期噁心嘔吐婦女之終止妊娠一途與其相關因素之探討。《高雄護理雜誌》。</p> <p>20. 張美珍, 周汎濤, 林真瑜, 呂居學, 郭詩憲 (2011 年 03 月)。臨床護理人員批判性思考能力之初探---以南部某醫學中心為例。《護理暨健康照護研究》, 7(1), 73-83。</p> |
| <p>研討會論文</p> | <ol style="list-style-type: none"> 1. Yu-Cheng Chen, Shu-Hui, Wang, Luan-Chen Lin, Chiou-Shiang Wu, Shih-Hsien Kuo (2014, Jul). Prevalence of Colorectal Cancer in Psychiatric Patients: The Preliminary Results of Colorectal Screen. 25th International Nursing Research Congress, Hong-Kong. 本人為通訊作者. 2. Hsiao-Ling Wang, Shih-Hsien Kuo, Fan-Hao Chou, Lih-Mih Chen, Li-Li Chen, Wei-Ting Lin (2012, Oct). Reliability and Validity Test of Traditional Chinese Medical Yang-Xu Constitutional Questionnaire During Pregnancy. The 5th Asian-Pacific International Conference on Complementary Nursing, Bangkok, Thailand. 3. Hsin-Ying Mao, Fan-Hao Chou, Meng-Yu Chen, Shih-Hsien Kuo (2012, Aug). A Description of Motivation and Medication-Taking Behaviors Toward Sheng-Hwa Tang. 23rd International Nursing Research Congress, Brisbane, Australia. 本人為通訊作者. 4. Fan-Hao Chou, Shih-Hsien Kuo (2011, Nov). Factors Associated with Elective Termination of Pregnancy Among Taiwanese Women with Pregnancy-Related Nausea and Vomiting. 41st Biennial Convention, Grapevine, Texas, USA. 5. Hsuan-Ju Kuo, Shih-Hsien Kuo, Fan-Hao Chou (2011, Oct). Health Status in Kuala Lumpur, Kinmen, Matsu, and Northern Thailand . 41st Biennial convention. 本人為通訊作者. 6. Fan-Hao Chou, Hsiao-Ling Wang, Shih-Hsien Kuo (2011, Jul). Relationships Between Pregnancy Constitution, Stree, and Discomforts in The First Trimenster for Women. 22nd International Nursing Research Congress, Cancun, Mexico. 7. Fan-Hao Chou, Mei-Jen Chang, Shih-Hsien Kuo (2011, May). Critical |



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| | <p>Thinking Abilities in Clinical Nurses. International Concil of Nurses 2011 Conference, Valetta, Malta.</p> <p>8. Fan-Hao Chou, Shih-Hsien Kuo (2010, Jul). A Comparison of Hyperemesis Gravidum and Mild Pregnancy-Related Nausea and Vomiting Relative to hCG, Estradiol, IL-8, and birth outcomes. 21st International Nursing Research Congress, Orlando, Florida, USA.</p> <p>9. Yen-Lin Chen, Shih-Hsien Kuo, Fan-Hao Chou, Jian Rong Huang (2010, Jul). Exploration of Factors Toward Medication Regimen in DM Patients. 21st International Nursing Research Congress, Orlando, Florida, USA. 本人為通訊作者。</p> <p>10. Fan Hao Chou, Shih-Hsien Kuo (2010, Feb). Hyperemesis Gravidum and Mild Pregnancy-Related Nausea and Vomiting: A Comparative Study of The Physiological and Psychological Reactions and Birth Outcomes. 24th Annual Conference of The Southern Nursing Research Society, Austin, Texas, USA.</p> <p>11. Fan-Hao Chou, Mei-Hsueh, Shih-Hsien Kuo, Lih-Mih Chen (2010, Feb). A Comparative Study of Using Sheng-Hwa Tang for Different Delivery Methods of Postpartum Women in Taiwan. The 15th International Congress of Oriental Medicine, Chiba, Japan.</p> |
| <p>研究計畫</p> | <ol style="list-style-type: none"> 1. 網路「安全性行為」教育平台對青少年性健康之成效：從主觀經驗、需求評估、平台建置到成效評值之前瞻性、縱貫性研究(103-2314-B-037-011) 2014 ~ 2015 科技部。 2. 科普活動：聰明吃健康動，打造更好的未來(104-2515-S-242-001-) 2015~2016 科技部 3. 孕期噁心嘔吐與生活品質：台灣版孕期噁心嘔吐之健康相關生活品質量表的發展與測試及專業支持介入方案對改善孕期噁心嘔吐婦女症狀、生活品質、生產結果之實驗性、縱貫性研究(100-2314-B-037-007-MY3) 2011 ~ 2014 科技部。 4. 孕期噁心嘔吐與體質：孕期中醫體質量表之發展與測試及不同程度孕期噁心嘔吐婦女周產期體質變化之比較性、縱貫性研究(103-2218-E-006-023-) 2014 ~ 2015 科技部。 5. 妊娠劇吐與輕度孕期噁心嘔吐：一項比較生心理反應及生產結果的前瞻性研究(95-2314-B-037-063-MY2) 2006 ~ 2008 國科會。 6. 住院兒童處置痛之相關因素及緩解措施成效之探討(93-2314-B-242-013-) 2004 ~ 2006 國科會。 7. 孕期噁心嘔吐與壓力：一個比較心理與生理反應之第二年的縱貫性研究 (93-2314-B-037-095-) 2004 ~ 2005 國科會。 |
| <p>專利</p> | <ol style="list-style-type: none"> 1. 施怡如、陳怡如、謝佩璇、張國芬、林佳瑩、郭詩憲,“腿部外展固定裝置”, 中華民國(新型),專利號碼：M485722,專利期間：201409~202403。 |



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| 榮譽事蹟 | <ol style="list-style-type: none">1. 輔英科技大學創意競賽參展 So Easy 腿部外展固定帶 第一名2. 老人教育課程及活動教案設計全國性徵稿計畫競賽 特優獎 |
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